

## Activity Schedule Pull-Out

September - December 2009



# Fall Special Events



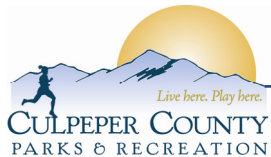
NFL Punt, Pass & Kick - Ages 8-15

Culpeper Cycling Century



Page 22 for details

[web.CulpeperCounty.gov](http://web.CulpeperCounty.gov)



Fall Schedule

ARTS & CRAFTS



ONE STROKE PAINTING

Ages 14-adult, 6wks  
One Stroke Painting is a decorative painting technique where blending, shading, and highlighting are completed with one brush stroke.  
*Instructor:* Linda Bradshaw  
*Location:* Eastern View H.S. – Art Room

**Session I:** Session will teach wildflowers, daisies, rosebuds, five petal flowers, sunflowers, and the appropriate leaves for each flower.  
*Registration Decision:* 9/14  
*Code:* 4610.0170  
F 9/18-10/23 6:15-8:30p \$69

**Session II:** Session will teach pumpkins, “Tom Turkey,” Snowman, Pinecone & pine needles, and Christmas Tree. No class 11/27  
*Registration Decision:* 10/26  
*Code:* 4610.0171  
F 10/30-12/11 6:15-8:30p \$69

CAKE DECORATING

Ages 10-adult, 1day  
This class will show the basics of cake decorating, from icing to borders to roses. All supplies are included (icing, decorating bag, tips, and practice sheets). Class is limited to 4 participants.  
*Instructor:* Tabitha Riley  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* 10/30, 11/6  
M 5:30-8:30p \$44  
Option A: Ages 10-15 11/9  
*Code:* 4610.0144  
Option B: Ages 16-adult 11/16  
*Code:* 4610.0145



JUNIOR PICASSO’S

Ages 4-6, 9wks  
Students will explore a variety of art styles and mediums while learning about some of the great artists who worked in these styles. Please wear old clothing. Smocks will be provided.  
*Instructor:* Woods Gymnastics  
*Location:* 13409 Beverly Ford Rd, Elkwood  
*Registration Decision:* 9/10  
*Code:* 4610.0172  
W 9/16-11/11 4:00-4:45pm \$79

KNITTING & CROCHETING CLASSES

Learn to knit or crochet in time to make scarves, ornaments, or other simple gifts before the holidays. Instructor will provide a list of online resources for free patterns that you can knit or crochet quickly with beginner skills in addition to helping you start several class projects in Knitting 101 and Beginning Crochet. Knitting 102 is a skills class with no special project.



BEGINNING KNITTING 101

Ages 12-adult  
For those of you that want to learn to knit or have tried teaching yourself but need a bit of help then this class is for you! Yarn for two projects, needles, and an instruction book will be provided.  
*Instructor:* Rosanne Berkenstock  
**Session 1:** W 10/21-11/4 7:00-9:00p \$75  
*Location:* Culpeper Rec. Club, 13163 Recreation Rd.  
*Registration Decision:* 10/15  
*Code:* 4610.0173  
**Session 2:** Th 11/5-11/12 9:30a-12:30p \$75  
*Location:* Culpeper Rec. Club, 13163 Recreation Rd.  
*Registration Decision:* 10/30  
*Code:* 4610.0174



BEGINNING KNITTING 102

Ages 12-adult  
For those of you that took the 101 class or already know the basics of knitting this class will teach you some of the more intricate knitting skills. Students to provide needles (one set of size 6,7,8 or 9) and a light-color worsted weight yarn.  
*Instructor:* Rosanne Berkenstock  
*Location:* Culpeper Rec. Club, 13163 Recreation Rd.  
*Registration Decision:* 11/5  
*Code:* 4610.0175  
W 11/11-11/18 7:00-9:00p \$40



BEGINNING CROCHET

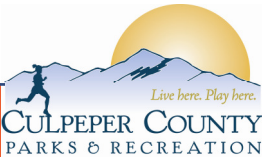
Have you tried to teach yourself crochet or wanted to learn? Then come out and let Rosanne Berkenstock teach you the basic crochet stitches and you’ll be able to quickly begin a project. Yarn for two projects, a crochet hook, and an instruction book will be provided.  
*Instructor:* Rosanne Berkenstock  
**Session 1:** M 10/19-10/26 7:00-9:00p \$65  
*Location:* Culpeper Rec. Club, 13163 Recreation Rd.  
*Registration Decision:* 10/15  
*Code:* 4610.0176  
**Session 2:** Tu 10/20-10/27 10:00a-12:00n \$65  
*Location:* Culpeper Rec. Club, 13163 Recreation Rd.  
*Registration Decision:* 10/30  
*Code:* 4610.0177

The Department will again this year be selling discounted packages for skiing / snowboarding at Massanutten. We will not receive specific details until November, please do not call about details until November. Information will be online and in the local papers as soon as we receive details.

Registration Information & Form on page 23 - 25



Fall Schedule



**NEW!** **BEGINNING QUILT-MAKING**  
Ages 10 & up, 6wks  
Find out how relaxing hand piecing, hand appliqué and hand quilting can be as you learn the fundamentals of quilt-making. **\*\*Class meets the following dates: Sept 8, 15, Oct 6, 13, 27, and Nov 17.** Supply list available online & in the Parks & Recreation office.  
*Instructor:* Marty Moon  
*Location:* Eastern View H.S.  
*Registration Decision:* 9/4  
*Code:* 4610.0178  
Tu 9/8-11/17\*\* 7:00-9:00p \$97

**NEW!** **STACK AND WHACK QUILT**  
Ages 16-adult  
A stack and whack quilt is a fun and unique technique used to create a kaleidoscope pattern using your printed fabric. You must have your own sewing machine and some quilting experience. A supply list will be online and in the Parks & Recreation office. Come out on Sept 16, from 6:00-7:00pm at Floyd T. Binns M.S. to discuss how to choose fabric. Please RSVP for this one-hour discussion by phone 727-3412 ext 5 or email [parks@culpepercounty.gov](mailto:parks@culpepercounty.gov)  
*Instructor:* Joyce Calhoun  
*Location:* Floyd T. Binns M.S.  
*Registration Decision:* 9/24  
*Code:* 4610.0179  
W 9/30-11/18 6:00-8:00p \$45

**MORE INFORMATION...**  
  
More detailed activity descriptions are available online. Due to printing space, descriptions are as concise as possible.

**DANCE**

**NEW!** **BALLET / TAP COMBO**  
Ages 5-12, 9wks  
For those that are just getting started come out and learn both ballet and tap dancing in one class! Ballet & Tap shoes optional but not required.  
*Instructor:* Woods Gymnastics  
*Location:* 13409 Beverly Ford Rd, Elkwood  
*Registration Decision:* 9/9  
M 9/14-11/9 \$75  
Option A: Ages 5-6 5:00-6:00p *Code:* 4611.0180  
Option B: Ages 7-12 6:00-7:00p *Code:* 4611.0181

**NEW!** **THEATRICAL DANCE**  
Ages 12-Adult, 9wks  
Aspiring stage artists will enjoy improving their dance techniques and style. (no class 11/3)  
*Instructor:* Woods Gymnastics  
*Location:* 13409 Beverly Ford Rd, Elkwood.  
*Registration Decision:* 9/9  
*Code:* 4611.0182  
Tu 9/15-11/17 6:00-7:00pm \$79

**HEALTH & FITNESS**

**TAI CHI**  
Ages 16-adult, 4wks  
Tai Chi is a gentle, flowing, meditative-style of exercise that produces greater energy and ease for the body, mind and spirit. This wonderful, healthy exercise is appropriate for both men and women.  
*Instructor:* Remi Godlewski  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* 9/10; 10/15  
W 4:00-5:00p \$33  
Option A: 9/16-10/7 *Code:* 4512.0072  
Option B: 10/21-11/11 *Code:* 4512.0073

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**web.CulpeperCounty.gov**

**155 West Davis Street, Suite 100**  
**Culpeper, Virginia 22701**

**Phone: (540) 727-3412**  
**Fax: (540) 727-2802**



Fall Schedule

CARDIO-KICKBOXING

Ages 18 yrs & up, 4wks  
Do you need to work off the stress from commuting and the job? Consider spending an hour kickboxing! We'll concentrate on learning and perfecting the kicks and punches, while putting the moves together for a great aerobic workout.  
*Instructor:* Remi Godlewski  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* 9/10; 10/15  
W 5:30p-6:30p \$33  
Option A: 9/16-10/7 Code: 4512.0070  
Option B: 10/21-11/11 Code: 4512.0071

FIT FOR LIFE

Ages 18 & up  
For people of all ages and fitness levels: Get up off the sofa, come out and have some fun! This is a great class for those just getting started or who are already fit and want a nice cardio workout.  
*Instructor:* Maggie Corradi  
*Location:* The Depot  
*Reg. Decision:* 3 days before 1<sup>st</sup> class  
*Time:* 10:30 to 11:30 a.m.  
**Session 1: 9/10-9/28**  
Option A: M only – \$17 Code: 4512.0183  
Option B: Th only – \$17 Code: 4512.0184  
**Session 2: 10/1-10/29**  
Option A: M only – \$28 Code: 4512.0185  
Option B: Th only – \$23 Code: 4512.0186  
**Session 3: 11/2-11/30** (no class 11/26)  
Option A: M only – \$28 Code: 4512.0187  
Option B: Th only – \$17 Code: 4512.0188  
**Session 4: 12/3-12/17**  
Option A: M only – \$12 Code: 4512.0189  
Option B: Th only – \$17 Code: 4512.0190  
**Session 5: 1/4-1/28**  
Option A: M only – \$23 Code: 4512.0191  
Option B: Th only – \$23 Code: 4512.0192

HOME SCHOOL

GYMNASTICS

**NEW!** Ages 6-18, 9wks  
Whether you've always wanted to learn or have some experience this is the class for you. Come on out to Woods Gymnastics and learn to tumble, use the balance beam, and more.  
*Instructor:* Woods Gymnastics  
*Location:* 13409 Beverly Ford Rd, Elkwood  
*Registration Decision:* 9/11  
*Code:* 4619.0193  
Th 2:00-3:00p 9/17-11/12 \$75

DANCE MEDLEY

**NEW!** Ages 6-adult, 9wks  
This class will explore a variety of dance styles which may include ballet, tap, jazz, modern or others. Class will be individualized to the interests of the participants. Siblings younger than 6 may participate with a parent if they have an older sibling registered. **FAMILY DISCOUNT:** 2-4 family members from the same house can participate for \$139 total.  
*Instructor:* Woods Gymnastics  
*Location:* 13409 Beverly Ford Rd, Elkwood  
*Registration Decision:* 9/11  
*Code:* 4611.0194  
Th 10:30am-11:30am 9/17-11/12  
\$75 individual / \$139 family (2-4 participants from the same household)



LEISURE LEARNING

GEOCACHING

**NEW!** Ages 10 & up (under 16 with adult), 1 day  
With all the movies on finding lost treasure, how would you like to get involved in your own treasure hunt? Come out and learn about geocaching (pronounced geo-cashing) and how fun it can be for you and your family.  
*Instructor:* Bill Marsh  
*Location:* TBA  
*Registration Decision:*  
*Code:* 4513.0195  
Sa 10/24 times & fee not determined as of printing—visit website or call for details

DIGITAL CAMERA BASICS

Ages 16-adult, 2wks  
So you've got yourself a shiny new digital camera. Have you figured out how to use all the features yet? If not, this is the perfect class to get you started. This class is designed for the standard Point & Shoot cameras.  
*Instructor:* Brian Ashdown, photographer  
*Location:* Floyd T. Binns M.S.  
*Registration Decision:* 9/24  
*Code:* 4613.0078  
W 9/30-10/7 6:00-8:00p \$38

ADVANCED DIGITAL PHOTO

Ages 16-adult, 6wks  
This class will focus on Digital Single Lens Reflex Cameras. Topics covered will include: Usage and operation of the camera, menu functions, options for lighting, and more. (no class 11/23)  
*Instructor:* Brian Ashdown, photographer  
*Location:* Floyd T. Binns M.S.  
*Registration Decision:* 10/13  
*Code:* 4613.0079  
M 10/19-11/30 6:30-7:45p \$69

## Fall Schedule



### INTRODUCTION TO FLY-FISHING

Ages: 18 & up, 1day

Have you ever thought about learning how to fly-fish? Does it just seem too complicated? Well come on out and let the Eastern Blue Ridge Fly Fishing club take the complication out of it.

*Instructor:* Eastern Blue Ridge Fly Fishing

*Location:* Old House Winery,  
18351 Corky's Ln,

*Registration Decision:* 10/20

*Code:* 4513.0196

Sa 10/24 9:00a-4:00p \$79

## PAWS & HOOFS

### K.I.S.M.I.F. DOG TRAINING BY BETTY ANN HOWELL

(Keep it Simple, Make it Fun)

Handlers for classes must be 7 yrs or older  
(anyone under 16 must be with an adult)

### STAR PUPPY KINDERGARTEN

Ages: Puppies 3-5 months; 8 wks

Now that you've got that adorable bundle of fur, let's get started on the ABC's of puppy training using positive reinforcement. This class incorporates the AKC's S.T.A.R. Puppy program. No class 11/3. (more class details are online)

*Instructor:* Betty Ann Howell

*Location:* Community Room, 303 N. Main

*Registration Decision:* 9/9

*Code:* 4614.0082

Tu 9/15-11/10 6:00-7:00p \$99

### DOG OBEDIENCE DISCOUNTS

\* Seniors - 55 & up - 10% discount

\* 2nd dog in same family—10% discount

\* Dogs adopted from Culpeper Animal Shelter - 20% discount - must provide copy of adoption contract

\* Only one discount per dog per family.



### BEGINNING MANNERS I

Ages: Dogs 4 months & up, 8 wks

Bring Fido out to this class where he/she will learn basic commands and enjoy socializing with other dogs. Any dog, whether they're 4 months or 4 years, can attend. Puppies up to 12 months old registering in this class can also participate in the S.T.A.R. Puppy program.

**No class 11/3** (more details on the S.T.A.R. Puppy program are online in the Puppy Kindergarten class)

*Instructor:* Betty Ann Howell

*Location:* Community Room, 303 N. Main

*Registration Decision:* 9/9

Tu 9/15-11/10 \$99

Option A: 10:00-11:00a *Code:* 4614.0083

Option B: 7:00-8:00p *Code:* 4614.0084

### BEGINNING MANNERS II

Ages: Dogs 4 months & up, 8 wks

***Prerequisite:*** Must have previous dog obedience class or placement by instructor.

Now that your wonderful bundle of fur knows the basics of obedience: sit, stay, and come; it's time to work on encouraging him to listen to your commands every time.

*Instructor:* Betty Ann Howell

*Location:* Community Room, 303 N. Main

*Registration Decision:* 9/9; 9/14

\$99

Session 1: Tu 9/15-11/10 11:00a-12:00n  
*Code:* 4614.0085

Session 2: Th 9/17-11/5 6:00p-7:00p  
*Code:* 4614.0086

### CANINE GOOD CITIZEN / INTRO TO PET THERAPY

Ages: Dogs 6 months & up; 8 wks

***Prerequisite:*** Must have previous dog obedience class or placement by instructor.

This class will help you and your best friend pass the 10 steps required to receive a Canine Good Citizen certification. Class will also provide an introduction to pet therapy. *Instructor:* Betty Ann Howell

*Location:* Community Room, 303 N. Main

*Registration Decision:* 9/9

*Code:* 4614.0087

Tu 9/15-11/10 12:00n-1:00p \$99



### INTRODUCTION TO RALLY

Ages: Dogs 5 months & up, 8 wks

***Prerequisite:*** Dogs should have previous obedience training. Sit, Stay, Down, Come, and Heel commands should be reliable.

This class will introduce you and your dog to the basic exercises performed in Rally, a competition obedience sport.

*Instructor:* Betty Ann Howell

*Location:* Community Room, 303 N. Main

*Registration Decision:* 9/14

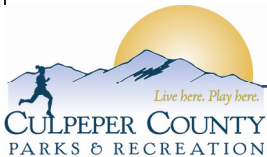
*Code:* 4614.0088

Th 9/17-11/5 7:00-8:00p \$99

### MORE INFORMATION...

More detailed activity descriptions are available online. Due to printing space, descriptions are as concise as possible.





Fall Schedule

ALL HORSEBACK RIDING LESSONS:

All participants must wear hard sole shoes with a heel. Helmets will be provided and are required.

PONY PAIRS

Ages 7-Adult  
This is the perfect class to learn how to ride a horse, or if you already have some experience, to better your skills. Class is limited to two participants at the same level of riding. Sign up 2 friends, 2 siblings, or parent & child.

*Instructor:* Ironwood Farm Staff  
*Location:* 10291 Homeland Rd, Rixeyville  
*Registration Decision:* 9/4  
\$265per pair (\$140 single)  
Session I: W 9/9-10/10  
Option A: 4:30p-5:00p Code: 4614.0093  
Option B: 5:15p-5:45p Code: 4614.0094  
Session II: F 9/11-10/16  
Option A: 4:30p-5:00p Code: 4614.0095  
Option B: 5:15p-5:45p Code: 4614.0096

PONY RIDING I

Ages 4-6, 6wks  
Students will learn basic position and commands. Emphasis is on building confidence and skills on horseback at the walk. Students will learn to walk, halt, and steer. Adult must lead horse & child around riding ring while child receives instruction. Only 5 students accepted. No class 9/19  
*Instructor:* Ironwood Farm Staff  
*Location:* 10291 Homeland Rd, Rixeyville  
*Registration Decision:*  
Sa 9/12-10/24 \$104  
Option A: 9:30-10:00a Code: 4614.0089  
Option B: 10:15-10:45a Code: 4614.0090

PONY RIDING II

Ages 4-6, 6wks  
Prerequisite: Pony Riding I at Ironwood Farm  
This class is a continuation of what students have already learned. Emphasis is on refining their skills on horseback at the walk and trot. Parent or other adult must lead horse & child around riding ring while child receives instruction. Only 5 students accepted. No class 9/19  
*Instructor:* Ironwood Farm Staff  
*Location:* 10291 Homeland Rd, Rixeyville  
*Registration Decision:* 8/26  
Code: 4614.0133  
Sa 9/12-10/24 11:00a-11:30p \$104

BEGINNING HORSEBACK RIDING

Ages 7-Adult, 6wks  
Students will learn to ride a horse independently at the walk and begin to trot, also to post and ride in 2-point position. Basic position and commands will be emphasized through fun drills and games on horseback. Register early as this class only accepts 4 students. No class 9/19  
*Instructor:* Ironwood Farm Staff  
*Location:* 10291 Homeland Rd, Rixeyville  
*Registration Decision:* 8/26  
Sa 9/12-10/24 \$140  
Session I: Ages 7-12 1:00-1:45p  
Code: 4614.0091  
Session II: Ages 13-up 2:00-2:45p  
Code: 4614.0092



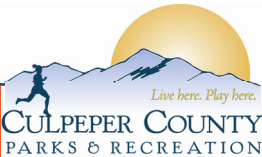
INTRO TO HORSEBACK RIDING I

Ages 7-adult, 4 wks  
Lessons designed for anyone interested in learning to ride. These hands-on classes will cover novice horse safety, ground training, grooming, tacking and understanding a variety of different types of horse equipment. The riding portion is taught with classical fundamentals promoting proper seat, legs and hands.  
*Instructor:* White Buffalo Horse Farm  
*Location:* 4325 Muster Field Rd, Culpeper  
*Registration Decision:* Wed before class \$135  
**Session 1:** Su 9/13-10/4  
Option A: Ages 7-12 2:00-3:00p  
Code: 4614.0097  
Option B: Ages 13-adult 3:30-4:30p  
Code: 4614.0098  
**Session 2:** Su 10/11-11/1  
Option C: Ages 7-12 2:00-3:00p  
Code: 4614.0103  
Option D: Ages 13-adult 3:30-4:30p  
Code: 4614.0104  
**Session 3:** Ages 7-adult M 9/14-10/5  
4:00-5:00p Code: 4614.0100  
**Session 4:** Ages 7-adult M 10/12-11/2  
4:00-5:00p Code: 4614.0101

INTRO TO HORSEBACK RIDING II

Ages 7-adult, 4 wks  
For the student who has taken the level I and mastered all the fundamentals and is able to groom, tack, adjust and mount independently. The rider's position is established and the very basics of steering and control are in place. From this point we move into more complex arena work and develop trot and canter skills.  
*Instructor:* White Buffalo Horse Farm  
*Location:* 4325 Muster Field Rd, Culpeper  
*Registration Decision:* Wed before Class  
Su 11:00a-12:00n \$135  
Session 1: 9/13-10/4 Code: 4614.0103  
Session 2: 10/11-11/1 Code: 4614.0104

Fall Schedule



PRE-SCHOOL

KIDS CLUB: THINGS THAT GO!



Ages 2-6. Children will examine all types of transportation, community helpers, and multiple

building systems. Children must wear sneakers and socks and bring a labeled water bottle. A light snack is served each class. Class descriptions online.

**20% discount if you sign up for all classes.**  
*Instructors:* Wormack Productions and Creations LLC.  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* Wed. before class  
M 10:30a-12:30p \$20 per class per child

- Session 1: 9/14 Feet, Feet, Feet *Code:* 4615.0200
- Session 2: 9/21 Buses *Code:* 4615.0201
- Session 3: 9/28 Locomotion *Code:* 4615.0202
- Session 4: 10/5 Hayrides *Code:* 4615.0203
- Session 5: 10/19 Row Your Boat *Code:* 4615.0204
- Session 6: 10/26 Seven Seas and Costume Party. *Code:* 4615.0205
- Session 7: 11/2 Yellow Submarine *Code:* 4615.0206
- Session 8: 11/9 Pirate Parade *Code:* 4615.0207
- Session 9: 11/16 Nina, Piñta, & Santa Maria *Code:* 4615.0208
- Session 10: 11/23 Cars *Code:* 4615.0209
- Session 11: 12/7 Dashing through the snow *Code:* 4615.0210
- Session 12: 12/14 Ice skating *Code:* 4615.0211  
(Note Session 12 only: \$10 supply fee to instructor at class for a make-your-own-bear.)
- Session 13: 12/21 Sleigh ride *Code:* 4615.0212
- Session 14: 12/28 Ice road trucks *Code:* 4615.0213
- Session 15: 1/4 Dump trucks *Code:* 4615.0214
- Session 16: 1/11 Snow plows *Code:* 4615.0215



PRESCHOOL GYMNASTICS

Ages 3-4, 8wks  
Does your little one have way too much energy?? Bring them out to Woods Gymnastics and let them have a constructive outlet for that energy and learn the basics of gymnastics at the same time.

**No class 10/24**  
*Instructor:* Woods Gymnastics  
*Location:* 13409 Beverly Ford Rd, Elkwood.  
*Registration Decision:* 9/15  
*Code:* 4615.0221  
Sa 9/19-11/14 9:30-10:15am \$69



TINY TAPPERS

Ages 3-4, 9wks  
Come on out and let's make some noise! Bring your little one out to learn the basic steps of tap dance. Tap shoes optional but not required.

*Instructor:* Woods Gymnastics  
*Location:* 13409 Beverly Ford Rd, Elkwood.  
*Registration Decision:* 9/9  
*Code:* 4615.0222  
M 9/14-11/9 4:00-4:30p \$65



MY FIRST BALLET CLASS

Ages 3-4, 9wks  
For all the budding ballerinas out there, come on out and learn the basic positions and steps to becoming a real ballerina. Ballet shoes optional but not required.

*Instructor:* Woods Gymnastics  
*Location:* 13409 Beverly Ford Rd, Elkwood.  
*Registration Decision:* 9/9  
*Code:* 4615.0223  
M 9/14-11/9 4:30-5:00p \$65



MINI CHEER

Ages 4-6, 8wks  
For the littlest cheerleaders, this class is an introduction to cheerleading including, jumps, positions, motions, chants, and beginning stunts. Students will learn a cheer to perform for their parents during the last class.

*Instructor:* Woods Gymnastics  
*Location:* 13409 Beverly Ford, Elkwood.  
*Registration Decision:* 9/10  
*Code:* 4615.0224  
W 9/16-11/4 5:00-5:45p \$69

ROCK & ROLL I

Ages 2-5, 6wks  
Tumbling and dancing, together at last. Adult participation is required. Child must meet age requirement by 10/15. Siblings may not attend unless they meet the age eligibility and are registered in the course.

*Instructor:* Joanne Munson  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* 9/24  
W 9/30-11/4 \$33  
Option A: 2-3.5yrs 9-9:45a *Code:* 4615.0113  
Option B: 3.5-5yrs 10-10:45a *Code:* 4615.0114

ROCK & ROLL II

Ages 3-5, 6wks  
*Prerequisite:* Rock & Roll I  
This class is for those students who have taken Rock & Roll I and are ready to move on. Students will be introduced to more detailed dance routines, point toes, splits, cartwheels, backbends, and jumps.

*Instructor:* Joanne Munson  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* 9/24  
*Code:* 4615.0115  
W 9/30-11/4 11:00-11:45a \$33



Fall Schedule

BEGINNING TUMBLING I

Ages 2-5, 6wks  
Bring your little boys and girls out to learn the proper way to tumble, through organized play. Adult participation is required. Child must meet age requirement by 10/15. Siblings may not attend unless they meet the age eligibility and are registered in the course.  
*Instructor:* Joanne Munson  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* 9/28  
F 10/2-11/6 \$33  
Option A: 2-3.5yrs 9-9:45a Code: 4615.0110  
Option B: 3.5-5yrs 10-10:45a Code: 4615.0111

BEGINNING TUMBLING II

Ages 3-5, 6wks  
*Prerequisite:* *Beginning Tumbling I*  
For the student that has mastered Beginning Tumbling I and is ready to begin splits, cartwheels, backbends, and jumps.  
*Instructor:* Joanne Munson  
*Location:* Community Room, 303 N. Main  
*Registration Decision:* 9/28  
Code: 4615.0112  
F 10/2-11/6 11:00-11:45a \$33

RHYTHM & STRINGS

BEGINNING GUITAR PART A

Ages 11-adult, 7wks  
This class will teach you the basic strumming techniques and chords to get you started playing. Must have your own guitar.  
**No class 11/3**  
*Instructor:* Darcy Canton  
*Location:* Floyd T. Binns M.S.  
*Registration Decision:* 9/23  
Code: 4616.0125  
Tu 9/29-11/17 6:30p-8:30p \$55

SENIORS

SILVER CITIZEN CLUB:

“OLD AGE IS NOT FOR SISSIES.”  
~Bette Davis, actress~

Feel like meeting a few new friends? Join us for Culpeper County Parks and Recreation’s largest and most entertaining program. Every Wednesday join fellow active adults and senior citizens at a weekly meeting. Enjoy a covered-dish lunch and participate in activities like bingo, speakers, trips, holiday parties, crafts and other projects. For many of Culpeper’s seniors the program provides an environment where lasting friendships are created.

INTERESTED IN BECOMING A SILVER CLUB MEMBER?

The Club meets every Wednesday from 10:00am – 2:00pm  
*Location:* Culpeper County Library  
*Fee:* \$9 per year. Ages 55 and up (Must be a Culpeper Resident)

SENIOR WRITING CLUB

Ages 50+  
Everyone has a story to tell. Learn how to put your stories into words, talk and enjoy fun-filled writing exercises with fun-loving seniors. Don’t worry about experience. We’ll help you every step of the way.  
*Instructor:* Marshall Conner  
*Location:* Culpeper Co. Library - Large Meeting Room  
2nd & 4th Wed of each month, 1-2p  
Fee: \$5 yearly

SPECIAL EVENTS

LETTERS FROM SANTA

Make an unforgettable memory for someone special! Arrange for him/her to receive a letter directly from Santa’s desk at the North Pole. Please fill out and submit a “Letters from Santa Request Form” available in the Department’s office and on our website. All requests must be received by November 6th, so that letters can be *postmarked* from the North Pole.  
*Fee:* \$5 per person (one person per letter)

NFL PEPSI PUNT PASS & KICK

Ages 8-15 (as of 12/31/09), 1 day  
**Registration deadline 19!!!**  
The NFL Pepsi Punt, Pass & Kick program is a national football skills competition for girls and boys who, in four separate age divisions (8-9, 10-11, 12-13, and 14-15), will compete against each other in punting, passing and place kicking in a fun and engaging forum. **This event is FREE.** Use the PPK Registration Form. A copy of participant’s birth certificate **MUST** be brought to the event (this is your admission ticket).  
PPK Registration Form will be available in the office & online or mail a self-addressed stamped envelope to the Parks and Recreation Office, Attn: PPK to receive a form by mail. Registration will not be done the day of the event. Register in person, by mail, fax, or phone. Online registration is not available for this event.  
*Location:* Culpeper Community Complex  
Su 8/30 1:00pm FREE  
Registrations will not be processed at the event.

CULPEPER CYCLING CENTURY

Come on out for the 2<sup>nd</sup> Annual Culpeper Cycling Century (CCC) on Saturday, October 3<sup>rd</sup>! This bike ride is fast becoming a tradition boasting great scenic beauty and paved road riding in Culpeper County in the most colorful season -



## Fall Schedule



Fall! Register online. If registering by paper - Please use special CCC registration form available online, in the office or by mailing a self-addressed stamped envelope to the Parks and Recreation Office, Attn: CCC to receive a form by mail.

*Location:* The Bike Stop, 120 W. Culpeper St.  
 Sa 10/3 8:30am \$45 by 9/12;  
 \$55 day of event

### SILVER SCREEN CLUB

Do you like classic films? Then join us for a Friday afternoon movie. Films are selected from American Film Institute's Top 100 Films List and for artistic merit. Join us for a discussion after the show. Everyone is welcome to attend! For specific titles to be shown contact Marshall Conner at [mconner@culpepercounty.gov](mailto:mconner@culpepercounty.gov) or at 540-727-3412 ext 6.

**Dates:** Sept. 4, 18 Oct. 9, 23 Nov. 6, 20 Dec. 4, 18

**Times:** 1:00 pm to approximately 3:30 pm (depending on film).

*Location:* GWC Piedmont Tech, 9432 James Madison Hwy, Rapidan

**ADMISSION IS FREE!**

## SPORTS

### FUNDAMENTALS OF CHEERLEADING

Ages 3-12, 10wks

Culpeper Blue Angels (CBA) provides a positive, fun environment. Their instruction will help you become one of the best cheerleaders by promoting individual growth along with team spirit.

*Instructor:* Qualified CBA coaches

*Location:* 19055 Industrial Drive Culpeper (inside the Culpeper Sports and Racquet Club off Lovers Lane)

*Registration Decision:* 9/14

*Code:* 4619.0158

F 9/18-11/20 5:00-6:00p \$100

### INTRODUCTION TO CHEERLEADING

Ages 7-18, 8wks

Introduction to basic cheerleading including jumps, positions, motions, chants and beginning stunts. Students will learn a cheer to perform for their parents during the last class.

*Instructor:* Woods Gymnastics

*Location:* 13409 Beverly Ford Rd, Elkwood.

*Registration Decision:* 9/10

*Code:* 4619.0250

W 9/16-11/4 6:00-6:45p \$69



### GYMNASTICS

Ages 5-18

This class is for anyone with or without experience and will teach you the basics of gymnastics from the floor, to the balance beam and bars.

**No class 10/24**

*Instructor:* Woods Gymnastics

*Location:* 13409 Beverly Ford Rd, Elkwood.

*Registration Decision:* 9/15

Sa 9/19-11/14 \$69

Option A: Ages 5-6 10:30-11:30a

*Code:* 4619.0251

Option B: Ages 7-18 11:30a-12:30p

*Code:* 4619.0252

### ARE YOU INTERESTED??

The Department wants to know if there is any interest in having the following programs.

**Co-ed 45 & over Basketball**

**Women's 19 & over Basketball**

**Retiree Pick-up Softball**

If you are interested in any of these programs, please call 540-727-3412 ext 8 to have your name put on a list. If there is enough interest, programs will be created.

## TRIPS

### MONUMENTS & MUSEUMS OF

#### WASHINGTON DC

Even though Culpeper is only an hour and a half away from Washington, D.C. not many people have ever explored the wonders of our Nation's capital. The day will be on your own, so you can explore what you want. The Charter Bus will pick us up at the end of the day and bring us home. Space is limited, so register early.

*Pick up Location:* Culpeper Sports Complex  
 All ages are welcome. Anyone under 18 must be accompanied by an adult.

**Registration Deadline: 9/24**

*Code:* 4721.0006

Sa 10/10 8:00am-6:30pm \$44

### TOUR OF THE WHITE HOUSE

The Department has requested tickets for a holiday tour of The White House. The trip will take place on a week day between the November 30<sup>th</sup> – December 11<sup>th</sup>, but the specific day will not be known until November 20th at the earliest. We have requested 100 tickets.

*Pick up Location:* Culpeper Sports Complex  
 All ages are welcome. Anyone under 18 must be accompanied by an adult.

*Code:* 4721.0007

### REGISTRATION FOR THIS TRIP WILL BEGIN

Online at 12:01am on Nov. 16

in office registration at 8:00am Nov. 16

Registrations received before this date will be returned.

*Fee:* \$35 per person Ages 1-adult

## 5 EASY WAYS TO REGISTER!



### By Phone

- Once you set up your ActiveNet customer account, call 540-727-3412 and select either extension 4 or 5. Payment must be made by credit card to register over the phone. ActiveNet customer accounts can also be set up via phone.



### By Fax

- Once you set up your ActiveNet customer account, simply complete the registration form and payment information (credit cards only) and fax to 540-727-2802.



### Online

- Simply go to [web.culpepercounty.gov](http://web.culpepercounty.gov) and under “County Government” select “Parks and Recreation”, then click “Programs & Online Registration.” Set up your ActiveNet customer account, and you can register from the convenience of your home or anywhere you have internet access.



### Walk-In

- Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays).  
Cash /Check/ Credit Card



### By Mail

- Set up your ActiveNet Account online or include the set up form on page 24 with a completed registration form and payment,  
Mail to **155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.**
- Confirmations are done via email. Otherwise, please include a self-addressed, stamped en-

## Registration Information

### ActiveNet

- ActiveNet is the new recreation software the Department has obtained to process registrations, provide online registration, and accept credit card payments.
- To begin using this system each household must have an account set up in order to register for any Department activities. Please complete the “ActiveNet Customer Account Form” on page 24 and fax or mail it to the department. You can also set up your account online. This form only has to be completed once.
- Registrations cannot be processed until the “ActiveNet Customer Account Form” has been received and processed by the Department, or you have set up your account online.

### Registrations:

- **Online registration begins on Friday, August 21. All other registration methods will begin on Monday, August 24.**
- Full payment must accompany registration in the form of credit card, cash, checks, or money order payable to Culpeper County Parks and Recreation.
- Registrations are accepted on a first-come, first-served basis. Anyone can participate regardless of County of residence.

### Registration Decision:

- The registration decision date is when the Department has to have the minimum number of registrations to offer the activity. If the minimum is met by this date, registrations will continue to be accepted, unless otherwise stated, until the activity is full. However, if minimum is not met by this date, the activity will not be held.

### Adjustments

- Department staff has made every effort to prepare this section of the *Culpeper Minutes* as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any necessary adjustments. The staff apologizes for any inconvenience these errors or adjustments may cause.

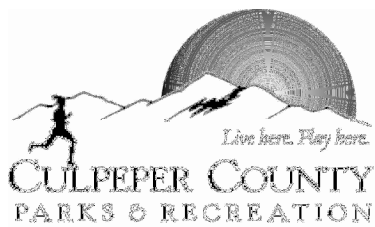
### Refunds:

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
- If a participant withdraws from a program after the start of the second class, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full, prior to the registration deadline. After the registration deadline, refunds less a \$3 processing fee, are **only given** if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.
- A refund check is mailed to the address on file and can take up to 45 days to receive.

### Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements: 92.5 FM, 95.9 FM, 103.1 FM, 104.5 FM, & 107.7 FM, visit [www.cancellations.com](http://www.cancellations.com), or call our office at 540-727-3412 and select option 1.





# Registration Form

Now Accepted!!!  
Visa  
MasterCard  
American Express

One household per registration form please.  
Photocopies of form are acceptable.

Account Main Contact Name: \_\_\_\_\_ Home Phone: (\_\_\_\_) \_\_\_\_\_

Participant Name	Birth date	Activity Name	Code	Date(s)	Time	Fee
Jane Doe	8/ 1 /1991	Sample Class	1610.0005	3/2-3/30/09	6-8p	\$5.00
	/ /					\$
	/ /					\$
	/ /					\$
	/ /					\$
	/ /					\$
Total (Pay this amount)						\$

**Media Release:**    ☐ Yes    ☐ No    **Initial**\_\_\_\_\_ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

**Assumption of Risk and Release:** In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

**Participant Signature** (7yrs & older) \_\_\_\_\_ **Parent / Guardian Signature** (if participant 17 or younger) \_\_\_\_\_ **Date** \_\_\_\_\_

**Customer Use - Payment Method**

Check Payment Method:    ☐ Check Enclosed \$ \_\_\_\_\_ # \_\_\_\_\_    ☐ Cash (Walk-in only)

☐ Credit Card:    ☐ Visa    ☐ Mastercard    ☐ American Express

Number: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_    Exp. Date \_\_\_\_\_ / \_\_\_\_\_

Signature: \_\_\_\_\_

I agree to pay the above total amount according to card issuer agreement

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701  
Phone: (540) 727-3412,    Fax: (540) 727-2802    Website: [web.culpepercounty.gov](http://web.culpepercounty.gov)

## ActiveNet Customer Account Form

Main contact must be at least 18 years old.  
PRINT CLEARLY

**Main Contact Client #1**

Name (First)\_\_\_\_\_

(Last)\_\_\_\_\_

Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Sex:    ☐ M    ☐ F

Street Address \_\_\_\_\_

City/State\_\_\_\_\_

Zip \_\_\_\_\_

Allergies: \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_

Work Phone (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_

E-mail address: \_\_\_\_\_

(required for confirmations & online registration)

**Emergency Contact**

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

**Client #2**

Name (First)\_\_\_\_\_

(Last)\_\_\_\_\_

Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Sex:    ☐ M    ☐ F

Allergies: \_\_\_\_\_

Same Address as Customer #1?    ☐ Y    ☐ N

**Client #3**

Name (First)\_\_\_\_\_

(Last)\_\_\_\_\_

Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Sex:    ☐ M    ☐ F

Allergies: \_\_\_\_\_

Same Address as Customer #1?    ☐ Y    ☐ N

**Client #4**

Name (First)\_\_\_\_\_

(Last)\_\_\_\_\_

Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Sex:    ☐ M    ☐ F

Allergies: \_\_\_\_\_

Same Address as Customer #1?    ☐ Y    ☐ N

**If address is different from Main Contact, or more than 4 family members, please include an additional sheet of paper with correct information.**



From the Director's Desk...

HEAR YE! WE WANT YOUR INPUT

The County Parks and Recreation staff and district members of the Culpeper County Parks and Recreation Advisory Committee will be hosting a series of Open House meetings during the months of September and October. **The meetings are designed to gather your thoughts about the County parks system and recreation activities.** The meeting will help identify needed areas for future parks and recreation planning. All citizens are encouraged to attend to voice your desires. A schedule of districts, dates and locations will be available on the County web page and the local newspaper.

CANCELLATION OF BALL FIELDS – IT’S FRUSTRATING FOR EVERYONE!

It is clear that many youth association parents were frustrated with cancellation decisions made by the Parks and Recreation Department staff or youth association board members regarding ball field usage. On Thursday, June 11, an open meeting was held at the County Administration Building, 302 North Main Street for County staff to explain several issues and allow time for questions.

For those that attended the meeting, four major areas were covered to help explain the reason for closure decisions. Following a prepared agenda the explanation began with a **timeline of the ball field construction**. Next was the **explanation of turf**, then the **maintenance procedure** followed by the **management plan**. Throughout the slide show on the history of field construction insight was provided into the process of field development from past to present

To begin, the sports complex was constructed in a two phase method starting in fall 2004. The soccer and football fields were formed, but not entirely completed. The project quickly focused on the baseball fields and while those fields were being developed, heavy equipment repeatedly traveled over the north side of the soccer

fields. This, along with a long dry spell, compacted the ground and made it difficult for the turf roots to penetrate the ground and also caused poor drainage.

As bids were received by the County from construction companies for the job, Bermuda turf was the main choice of each bidder. Rivera Bermuda was selected because of its cold tolerance and, unlike other forms of Bermuda, it is easily grown from seeds.

Nonetheless, staff has realized the soccer turf was not in the best playing shape this spring due to too many events held last fall after the growing season. This spring, with numerous cold and rainy days, did not provide the best conditions for the turf to recover from last fall’s damage. Additional play on the fields during wet conditions makes the turf more susceptible to damage which increases the chances of injuries to the player. This spring, field #6 was completely removed from use because it was played on while too wet which caused extensive damage. Having to close this field reduced use of the fields thus impacting schedules and placed a monetary strain on the already fragile budget of the County Parks and Recreation Department.

On the other hand, the maintenance plan includes continuous aeration (punching holes in the ground) by staff to relieve ground stress from the previous compaction mentioned. This procedure permits air, water and nutrition to find its way to the root system. Staff immediately follows aeration with topdressing (sand / organic material) that helps alleviate ground compaction and allows the root system the nourishment it needs for deeper penetration into the soil.

Staff has created a 5-year maintenance plan that addresses all of the above issues. Naturally, staff will continue educating board members, coaches and parents on field maintenance; and will continue to work with association board members to produce the correct balance of scheduling to avoid overuse of all the ball fields.

THE LEISURE TIMES RECREATION GUIDE

Below is a listing of non-profit recreational groups based in Culpeper County. These are not operated by the Parks and Recreation Department.

For information on registering for any of the leagues listed below, please contact the person listed. Additional contacts / website information for the leagues is available on the Parks & Recreation website.

YOUTH SPORTS:

- Culpeper Football Association & Cheer - Robbie Patton - 540-825-9706
- Culpeper Youth Basketball - Greg Ward - 540-547-9188
- Summer Youth Basketball - Terry Hoffman - 540-522-6359
- Culpeper Youth Baseball - Debbie McIlwee - 540-829-0988
- Rappahannock Culpeper Baseball - Amy Hitt - 540-937-7900
- Culpeper Lacrosse Association Foundation - Matt Verado - 540-937-4766
- Culpeper Soccer Association – www.culpepersoccer.net
- Culpeper Wrestling Federation - Mark Hamilton - 540-547-2696

ADULT SPORTS:

- Culpeper Women’s Flag Football League - Paul or Amiee Hoffman - 540-923-4683

COMMUNITY:

- Blue Ridge Chorale of Culpeper - www.brcsings.com
- Culpeper Blue Angels All-Star Cheer & Dance - Kym Majors - 540-727-2087
- Culpeper Carousel (batons) - Kim Bonner - 540-829-6444